

THE MIRROR OF DESTINY

The Sacred Numbers of Initiation

FATE – MIRROR

What is destiny? In the Danish Encyclopedia it says:

"Higher power that is thought to intervene in and control human life."

In Norse mythology, the term *skepna* means "that which is destined". From the Norse *skepna*/fate comes the term *at skabe*/to create. According to spiritual science, this higher power is both God consciousness and the image of God consciousness in humans in which we are created. It is therefore the soul itself that, before incarnating, decides how its inherent divine potential should be expressed now. Destiny does not depend on any form of randomness. As Einstein said: "God does not play with dice."

A mirror reflects light. In common parlance, it is said that the eyes are the mirror of the soul. In Norse mythology, the *völva* or priestess would look at the surface of a waterhole, lake or similar body of water that was considered sacred to see the overall destiny or purpose of a person or nation. The surface of the water acted as a mirror, reflecting not only the sky above it, but also the secret meanings that might lie hidden at the bottom of a human soul.

In the spiritual science tradition, there are no coincidences. Everything has meaning and significance. Every human being has a specific path to follow and a specific overall goal to reach. But a path and a goal that expresses the spiritual side of the soul. Unfortunately, too many people forget this path and spiritual purpose and often get lost in life, resulting in suffering.

It is my hope that *The Mirror of Destiny/The Sacred Numbers of Initiation* will inspire anyone seeking a higher spiritual purpose in life.

CONSCIOUSNESS – PRESENCE

Grounded AI (artificial intelligence) man is being confronted with the question: What is consciousness? Natural science has no answer, while spiritual science has been dealing with this question for millennia. It seems that today we understand consciousness primarily in relation to our cognitive reality. According to natural science, consciousness is a brain function that responds to and expresses itself through our physical senses to satisfy the resulting physical and psychological needs.

According to spiritual science, the range and scope of human consciousness is determined by the ability to see beyond oneself and one's physical and psychological needs. Through out-of-body experiences of consciousness, humans are coming to understand that it IS consciousness and not the physical body that they just now find themselves in. The point of identification is crucial, which is why it was written above the entrance to ancient mystery schools: Know Thyself.

The next question that arises is why does human consciousness continue to want to hold on to its physical existence once it has experienced that it is able to move freely outside such a limitation?

The answer is that consciousness has chosen to undergo the physical experience and that the present incarnation is but a speck of dust in comparison to the infinite number of incarnations that consciousness has experienced, not only on the earthly plane, but on all planes, physical, etheric and spiritual.

When it is written in Genesis that man was created in the image of God, we must understand that this statement is a metaphor for man's belonging to the overarching Consciousness that created the consciousness that temporarily inhabits the physical body. It is in the attempt to understand this relationship that religions and mystery traditions have emerged.

Everything is consciousness. Cognitive consciousness is built through thoughts, words and actions, while enlightened consciousness is experienced through the abandonment of thoughts, words and actions. When enlightened consciousness is a reality, the enlightened being will be able to think, speak and act from this state of being, which is truth, love and compassion.

When you read Yeshua's words and understand them through the psychology of the Aramaic language he spoke, you realize that it is a very special kind of presence that he refers to again and again. This presence can be described as follows:

If you do not have a distinct and present awareness during an action, it will not support the overall purpose of the soul because it does not follow the basic law of authentic perception. Without this inherent level of awareness, this present mind, this authentic perception of reality out of one's own presence and the presence of God through the feminine manifesting essence, which touches and permeates all things with a hidden grace and tenderness, behavior, attitude, words and beliefs will be in a dormant state.

THE OPEN HEART

The Concealed Revealed

In 2007, in my book *The Wisdom of the Broken Heart*, I introduced for the first time in Danish a Sanskrit-based numerology system, which is considered to be one of the oldest in the world. But I never brought the system to any kind of conclusion.

It was Mar van der Velde, the owner of Les Contes outside Fougax in the Pyrenees, who in 2006 and the years to come, where I used to stay with my Grail travelers, taught me how to work with this unique number system. As far as I know, Mar had been introduced to this ancient numerology practice by a holy Indian woman many years before, and it was extremely accurate every time he applied it to one of my travelers. Since then, I have continuously worked with the system until a few years ago when I felt the need to immerse myself in it even more.

In my work with the Aramaic language, I knew of the connection between this language spoken by Yeshua and Sanskrit. In Aramaic and Hebrew, the 22 letters of the alphabet also function as numbers, and in the Essene tradition, in which both Yohanan the Baptist and Yeshua were educated, they used a unique gematria, which I was familiar with and therefore found it natural to use in working with the ancient Sanskrit system.

Mar's version of the Sanskrit system was solely concerned with the representation and guidance of the human personality. My desire, however, was to see the connection between the numerical value of the letters and the soul potential of the individual.

In my spiritual-scientific work, after many years of practice, I have realized that we humans are already enlightened. Understood in the sense that the divine in man is the very principal of a soul when it is created.

Thus, when humans strive to achieve enlightenment or expansion of consciousness, it is more of an awakening of an already present potential. This awakening is the rebirth that Yeshua tells us is desirable to achieve already in current incarnation. How can such a rebirth be explained to a person who has never experienced it? What is Yeshua talking about? The best way I can explain it is this:

Take a ball and turn it inside out. You can't do that without doing violence to the ball. But the transformation that the action will bring about is the change in the person who undergoes this rebirth. It is the inner God consciousness of the human being that is suddenly revealed, not only to the person for whom the transformation takes place, but to everyone who comes into contact with that person. Once the rebirth has taken place, nothing will be as it was before. The 'gray light' that sometimes seems to cover everything is dissolved. The veils between the physical, metaphysical and spiritual worlds disappear as the state is maintained and expanded with the intensification of practice.

In the Gospel of Mark (4:21-25) and in the Gospel of Luke (8:16-18), Yeshua puts it this way:

"You don't put a candle under a bushel, just as you don't hide it under the bed. No, you put it on a lampstand so that everyone can see it. There is nothing hidden that shall not be revealed, there is nothing secret that shall not be disclosed. I beg you, listen, pay attention and take in my words! With the measure that you measure, you will be measured, and if you understand this, you will even be given more in addition than all that was originally provided for you. For whoever has [understood this/achieved this consciousness], to him more shall be given; but whoever has not [understood or achieved this], from him even what little he has shall be taken away!"

The light Yeshua speaks of is the God-consciousness all souls were given when they were created (Genesis 1:27):

"And God created man in his own image."

This image is the light that lies hidden in the Kingdom of Heaven, which Yeshua says is within us and everywhere around us. But the English word Kingdom of Heaven does not tell us anything about what this Kingdom is all about. Therefore, we must examine what the word means in Aramaic, the language spoken by Yeshua and his contemporaries in Israel.

Kingdom of Heaven = *Malkoota d'Shmeya*. *Malkoota* means kingdom or queendom, while *Shmeya* means heavenly. The root word in *Shmeya* is *SHM*, which means name; identity; sound; light/consciousness; the conscious space that surrounds every human being; the image of the Heavenly Source in which we were created'.

SHM is enlightened consciousness and the etheric web of light crystals in which consciousness, sound and light are transported and through which we have contact with the Heavenly Source if we take responsibility for enlightened consciousness within us. Taking responsibility here means consciously interacting with enlightened consciousness within us, and that in daily life we live up to Spirit's Guidance for the Incarnate (see end of this article).

The ending of *Shmeya, EYA*, means 'which is eternal.' *SHM-EYA* is thus the etheric body of light, which is the prerequisite for the existence of every living being. It is the eternal life within and around us. In the etheric body of light, each of us can find information about who we are, where we come from, what we are doing here and where we are destined.

However, since most of us are in the world of questions, the world of personality and ego, with no real view or insight, we never connect with enlightened consciousness and the information that is so important for us to make real progress as human beings. For too long, humanity's perception of progress has been synonymous with technological development that has increasingly alienated people instead of enabling them to know the truth about themselves. The process of self-knowledge and the acceptance that every human being possesses enlightened consciousness are both prerequisites for the rebirth referred to above, which precedes the actual realization of enlightened consciousness.

It is not enough to read books about these processes, they must be experienced through practice. The aim of this book is not to boost the personality, but to guide the seeker towards the soul potential and enlightened consciousness.

THE WORLD OF ANSWERS

The Etheric Reality

We live in a society in which the developed intellect is considered to be the highest state of intelligence that humans can attain. Such an intelligence can analyze, discuss, theorize, process and control all kinds of scientific data and advanced ideas on a high mental and intellectual level. But a person equipped with such an intellect is not necessarily conscious in the sense presented here. An academic education is not in itself a prerequisite for being able to understand the subject matter of this book. All too often, quite the contrary! Why is this? Because an academic education today is mostly a form of conditioning, that is more about preserving what little you know than seeking new paths and insights. The human intellect is indispensable. Through our intellect we judge, communicate, control, weigh and measure. These are functions that are primarily associated with the human ego, the personality or small self that doesn't want any unexpected surprises; that wants control.

The ego plays tricks on us all too often. It usually always oscillates between the poles of overconfidence/megalomania and lack of confidence/inferiority. It is between these two poles that we find the stage on which the daily human drama plays out year after year. And most of us get sucked into these dramas thinking they are the only reality there is.

But intellect and science are unable to explain human consciousness – let alone the multidimensional consciousness that emanates from the Heavenly Origin of all creation!

The natural scientist constructs scientific experiments in laboratories based on collected data from the physical world that is weighed, measured, compared and verified, while the spiritual scientist collects, evaluates and verifies results based on inner, metaphysical experiences gained through spiritual practice.

As philosopher Timothy Frecke writes:

"True wisdom has been replaced by the limited insights of smart intellectuals with no understanding of the mystery of life – it's a form of intellectualism promoted everywhere by politicians, the media and the scientific community."

Bishop Eugraph Kovalensky, Bishop of Saint-Denis agrees:

"From the moment one begins to 'think' – in the literal sense of the word – one is not intelligent!"

Or as Albert Einstein emphasized:

"The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift."

To move from the world of questions to the world of answers, you have to be able to bypass the intellect for a while. This means being able to renounce – if necessary – any personal comfort; to give up your sense of control; to give up your dependency and venture into the unknown, where there is no guarantee of success. The image of the master calling his student to the edge of the abyss and asking him or her to close their eyes and step into nothingness is a metaphor for what we are talking about. Are humans equipped with wings and will they unfold when the free fall begins? The only way to find out is to follow the master's call.

To the inspired heart, this may sound like an easy and manageable task, but for most who decide to undertake the experiment, it becomes painfully clear that the challenge is greater than first thought. It takes patience and persistence to shed old habits, behaviors and attitudes and find the courage to face your shadows. This is where the spiritual work begins.

When we understand the etheric reality that permeates the physical world and permeates the universe, it will become clear to us that EVERYTHING, thoughts, words and actions we send out not only vibrate the ether, but also register in the ether, from where they eventually return to us in the same spirit in which they were sent out.

ETHER – CONCIUSNESS

The etheric reality has been the subject of much discussion and research over the past centuries. However, with Einstein's theory of relativity, most physicists dismissed the idea that the ether existed as a cohesive force in the universe.

However, the ether has always existed in spiritual science, in which it is the overarching force in the universe. In spiritual science, consciousness is considered to be the creative force behind everything, not just in this universe, but in all universes. Without consciousness, everything would collapse.

Physics has decided that the universe is 'silent' and that sound cannot occur in outer space. However, in recent years, astronauts from the US and China have independently testified that they have heard unexplained sounds while in space; there are also sounds here on Earth that cannot be detected by the human ear, but that dogs, for example, can hear. Again, these are different frequencies. NASA has experimented with recording methods that make it possible to translate the silence around different planets into audible sound.

The ether is divided into several frequencies. The lowest frequencies of the ether are closest to our physical reality, transporting light and sound, while the highest frequencies are closest to our spiritual reality, where consciousness is transmitted freely and without restriction.

This relationship is described in the Vedic Upanishads and in the Hermetic Scriptures, which are among humanity's oldest written works. They describe how human thoughts, words and actions activate the ether, which acts as a mirror and reflects all our projections back to us.

You can have an idea that never comes to fruition, but is still stored in the higher frequencies of the ether. Later in life or in another incarnation, this idea will be grasped by the originator of the idea, who will usually not be aware that he or she is the originator of the idea.

It can also be another human being who grasps the idea and manifests it, because the time and mankind is now ripe to embrace the idea or invention, or because it is simply needed now. From a universal perspective, no one can really claim ownership of ideas, inspiration or visions.

The frequency in the ether that stores human doings, knowledge and insights is called the *Akashic Records* in the Vedic world or the *Book of Life* in the Essene tradition. In this book, we call this field the *Mirror of Destiny*. And it is precisely the ability to see into the *Mirror of Destiny* that is the purpose of this spiritual-scientific treatise. An important law in the Essenes' understanding of the coherence of everything reads as follows:

"Everything sooner or later returns to its origin."

In other words, everything we send out will return to us at some point. Give and it will be given – take and it will be taken!

The ether is comparable to an electric field that surrounds all living things. Without this electric field, physical existence would be an impossibility. Every individual is surrounded by such a field, which has many names, such as 'aura' and 'body of light', and in the Essene tradition, 'Robe of Glory'.

When Yeshua says in the *Gospel of Thomas* that the Kingdom of Heaven is within us and everywhere around us, he is referring to a personal and collective field that represents the highest etheric frequency that humans are capable of contacting.

In the personal field, you can read everything about the soul in question, what previous incarnations it has lived through, what purpose it has set for itself in this life, etcetera.

In the collective field, all thoughts, words and actions that humans have energized over time constitute the highest frequency (the Akashic Records and the Book of Life) in the great ethereal web of light, without which the physical universe would not exist.

The web of light is consciousness, and if only humans were aware of the extent to which their own thoughts, words and actions create the reality we each find ourselves in, we would begin to take this knowledge seriously.

It is thought-provoking that humans seem to have more faith in any electronic gadget than in their own access to enlightened consciousness. And it seems that as technology has evolved, we have completely turned our backs on ourselves. Despite the fact that a few predict that artificial intelligence could very quickly become humanity's greatest threat, we carry on as if we were blind and deaf. We're just looking forward to getting our hands on a new toy.

But, there's still time to change our minds. Right now, in this moment, it is possible to send light into the world through action in kindness, friendliness, generosity, presence and compassion.

Every time a so-called hate message is sent out on the internet, every time we condemn what or who we don't understand, separation and polarization is created. Thoughts, words and actions take shape in the ether. And the ether is darkened by thoughts, words and actions born of ignorance and fear that return to us as heavy energy and suffering.

The Essenes realized that the existence of the soul is fundamentally the result of the generosity of the Heavenly Source. It was this generosity that permeated all their thoughts, words and deeds, and it is this same generosity that Yeshua later encouraged us to practice.

PRAYER

One of the tools to foster generosity is prayer. But what is prayer? Who do we pray to? How does prayer work? The general alienation from prayer and what too many, due to a general ignorance of the inner world of mankind, perceive as belonging to the primitive religiosity of a bygone era, means that prayer is written off as something that cannot possibly be of interest to a so-called modern and enlightened person.

Prayer is first and foremost man's expression of the intentions that drive him. This expression immediately sets the ether in oscillation, and to the extent that there is resonance between the expressed intentions and the actual soul potential, opportunities will open up for that soul, opportunities that would otherwise be closed or only partially accessible.

It should be a consistent part of the practice that the practitioner regularly searches the motives behind his words and actions. It is never a question of what I can get or achieve, but what I can best contribute to the grand plan of creation. In fact, it is not the words themselves that determine what they will bring about, but the intentions behind them.

When there is complete alignment between intention and words, expressed in true devotion, there is instant clarity – a clarity that will not only touch the state of the person praying, but also collectively create openings of clarity that can help others to see and hear anew.

Prayer is like a knife that cuts through all kinds of external and internal noise. Through persistent practice, repeating a mantra on the inhale and exhale with the breath, you will maintain the desired goal of the prayer and eventually feel a transformation from being the prayer to becoming the prayer.

For example, a mantra could consist of the words *Holy Spirit* on the inhale and *Kingdom of Heaven* on the exhale. At the moment when the transformation takes place, the veil between physical and ethereal reality slips away and you enter the world of answers. Here one must be prepared to maintain the non-analytical, non-judgmental attitude that was the condition for arriving at this moment of transfiguration. The external circumstances don't matter.

The transformation can just as well take place while shopping in the supermarket as during a meditation in a so-called holy place. Then you realize that all places are sacred because their sacredness is determined by what is made visible through the presence of the practitioner. We bring the sacred space with us everywhere we go, as long as we manage to maintain the state of enlightened consciousness, which is the non-judgmental, empathetic and the attitude of surrender to the Light that must be practiced – in ALL aspects of life – and as the most natural thing in the world, without making a fuss about it. We are neither more nor less, but what we were meant to be from the very beginning.

THE MEANING OF MAN

In Western culture, we have long since cut ourselves off from the deepest mystery of existence, the insight into human existence.

From birth, it is imprinted in us that success in life is conditioned by external circumstances, social status, which, regardless of the underlying mechanisms, must always appear happy and perfect, where the perfect and happy is usually defined by some very limited and limiting parameters. It has become surprisingly commonplace to think one thing, say another and do a third. The imbalance that has emerged in our society is due to our general lack of understanding of how reality works, not only in the marketplace, but at the highest levels of human existence. We still don't understand that when we embrace the principle of "the wise man cheating the less wise," we are cheating ourselves.

Today, words are cheap. We have become so used to the idea that it is okay to lie about everything just to get what we want. And when politicians can, so can we. If we knew the universal context of everything, we would change course immediately.

In our part of the world, most people are raised in a cultural Christian context. They have been baptized, confirmed and perhaps married in the Christian church, but without being familiar with the deeper message of the New Testament. And one of these messages emphasizes the importance of consistency between thought, word and deed. Yeshua says in the Gospel of Matthew (12:25):

"A man or a kingdom that is not in accord with its *Naphsha* will perish, and every house or city that is contrary to its *Naphsha* will not stand!"

Naphsha is an Aramaic term that is difficult to translate into a single word. Among other things, it means *the overarching purpose that a person or thing has – Soul or/and Self*.

Man is created in the image of God and therefore carries – as mentioned earlier – an overarching heavenly purpose. If this purpose fails, the person in question may be able to achieve success in the world, but without being anywhere near his or her higher purpose, potential and enlightened consciousness.

Thus, no matter what one does in the mundane, the higher heavenly must be involved. If this is not done, such a person will be, in the Essene tradition, considered a 'living dead'. This will be true until the sleeper awakens in the rebirth Yeshua speaks of as necessary to fulfill one's true purpose in this incarnation.

One must always seek balance in life and avoid the great fluctuations and emotional rollercoasters that man-made dramas subject us to. Humans have a personality that throughout life is subject to a lot of attention. How do we present ourselves? We can put on the right face – we can be everything we or others want us to be on the surface. But what happens on the inside? Who are we when we're on our own without an audience?

ANYTHING IS POSSIBLE

"To the one who believes, all things are possible!"

So says Yeshua in the Gospel of Mark (9:14-21). Here it is important to know that 'faith', *haimanoota*, in Aramaic does not mean blind faith, but is trust and integrity that rests on a experiential, intuitive insight and primordial remembrance of the Heart; the remembrance of who we are, where we come from, what purpose we are here to serve and in what direction we are destined. The memory of all the attributes and qualities we possess, but which we – partly due to our social conditioning – have forgotten.

Before the soul incarnates, it decides the life path and purpose of the life to come. If we are among those who have forgotten our higher purpose, the 22 heavenly archetypes expressed through the Aramaic alphabet can help us get back on the path we originally wanted to follow. Yeshua and the Essenes knew that the most important prerequisite for a successful healing is to 'never say never'. To never say "I can't do that." When such an attitude of abandonment and passivity hits the airwaves, it sets off oscillations of hopelessness that immediately reflect back to the originator. Instead of giving up in hopelessness, one should always adopt the attitude of GIVING IT UP – surrendering the problem to the enlightened God consciousness within us. Then ANYTHING is possible.

WALK THE TALK

The aim of *The Mirror of Destiny – The Sacred Numbers of Initiation* is to inspire and provide the reader an idea of the spiritual qualities and potentials we each carry within us in this incarnation that can be developed and manifested when we become aware of their existence. It is important to recognize that we humans are already enlightened beings and that one of the purposes of this incarnation is to become aware of this fact, take responsibility for it and unfold enlightened consciousness in everyday life.

In this ancient numerology system, you will find descriptions of personality qualities. However, it is the Seed-texts, the descriptions of the soul's purpose, as well as the prayers in Psalm 119 from the Old Testament Book of Psalms, newly translated by Naleea Landmann, to each of the 22 letters and numbers of the Hebrew and Aramaic alphabets that form the core of the book.

THE ORDER OF MELCHIZEDEK

The Seed-texts and accompanying biblical texts and prayers reflect the Essenes' gematria and philosophy, with roots going back to the movement's founder, the *Teacher of Righteousness* Melchizedek (King of Righteousness), Jerusalem's first king-priest. This mythical tradition was later refined by the prophet Samuel and the prophets Elijah and Elisha in the School of the Prophets on Mount Carmel. Five hundred years later, the tradition was spread through the brotherhood and sisterhood of the Essenes at Qumran on the shore of the Dead Sea; in Egypt at their temple in Heliopolis and at Lake Mareotis outside Alexandria; and last but not least from their desert camps southwest of Damascus in Syria.

The Essenes had deep insights into the return of souls and reincarnation. Their founder, the Teacher of Righteousness, Melchizedek, incarnated again and again, culminating for them in the birth of Yeshua Nazarene ('He who is set aside to serve a higher purpose').

CARMEL – THE HOLY MOUNTAIN

The Seed-texts are based on the descent of souls from Mount Carmel into the physical world. Mount Carmel is the archetypal mountain that existed in the ether before everything else was created. In the Book of Proverbs (8:22-23) we read:

"God created me in the beginning of creation, the first of all things. In the beginning I was chosen before the creation of the Earth?"

Who is this 'I' that was chosen before everything earthly was created? It was the souls that were to incarnate on Earth. Through this 'I' speaks all of humanity through the higher Self of God Consciousness within us. It is not the personality, but the soul potential (wisdom) that must be activated if humanity is to solve the problems it has got itself into.

The rebirth mentioned above therefore consists of rewinding our personal dramas back to the beginning and 'becoming as children again' so that we can 'enter the Kingdom', as Yeshua has explained. Becoming like children again does not mean adopting an infantile attitude, but unwinding ourselves from all the mental and personal noise we have entangled ourselves in and recapture the original state of clarity and presence. We must take care of the inner wounded child, which for many people ends up in stagnation and limitation that can lead to unnecessary and lifelong suffering.

Mount Carmel is an approximately 36 km long mountain range located on the coast of northern Israel, offering a dazzling view of the Galilee and the Mediterranean Sea. As far back as 1400 BC, the Egyptian pharaoh Tuthmosis III considered the mountain to be a particularly sacred place. Pythagoras visited the mountain and revered it as one of the holiest places he had visited. According to the Roman historian Tacitus, an oracle existed on Mount Carmel, which Emperor Vespasian consulted during his reign. Tacitus also mentions that there was a freestanding altar on the mountain – an altar without images and without a temple around it. And it was here that the prophet Elijah and his pupil Elisha established the School of the Prophets, in which the first Essenes were trained.

It was through this line of mystics that the importance of developing human soul potential was first understood by a larger group of initiates.

It was also on Mount Carmel that the first beings from other star systems visited Earth. It was here that the incarnated initiates understood the Law of Light, was applicable to all beings in the entire universe, and that the creative force they called God was the creator of EVERYTHING created at all levels of consciousness and in all universes.

The Hebrew *Carmel*, means 'the extension of a generous nature; garden; a fruitful place'. The metaphysical meaning behind the name is: The place in our consciousness where we realize the unfathomable extent of our possibilities when we become one with the divine laws (the expansion of our generous nature).

It is the Garden of God; Yeshua called it 'paradise', freedom from the physical senses – and the unfoldment of the metaphysical.

Mount Carmel stands for the center of spirit in humanity, and the Essenes considered the mountain to be the center of the Earth.

Through the Seed-texts we are given a new chance to get to know our original task, so that we can now take responsibility for it and bring it to fruition in daily life – here and now.

It was from the ethereal Mount Carmel that we all entered the physical world.

THE ESSENES

Much has been written about the Essenes in recent years. In the bibliography at the back of the book, the reader will find references to some of the most important works about this group of initiated men and women. However, what is described in these pages is based on my own experiences and memories as a 'scribe' at the University of the Essenes on the Qumran plateau on the shores of the Dead Sea.

The Essenes called themselves *Osei ha-Torah*, 'Keepers of the Divine Covenant'. They considered themselves to be a brotherhood and sisterhood of Light, whose sole task on Earth was to maintain a living channel between humanity and the Heavenly Source of all creation. This contact was kept active through ritual purification practices, prayers, healing and the preservation of scripture.

At their Qumran University by the Dead Sea, the most sacred writings of the Essenes were kept. There was a general practice of celibacy, regular fasts of varying durations, daily ablutions and whatever practical work the brothers and sisters did, it was always done in a state of deep prayer.

A form of positive communism was practiced, where upon joining the order, all possessions and money were handed over to the brotherhood and sisterhood. In return, the novice were given everything he or she needed in the process of rebirth, which began after three years of probation as a novice. Then it was decided whether he or she were serious enough to continue as an equal brother or sister. Only then did the actual training begin, which, in addition to the practices mentioned, consisted of knowledge of the scriptures, the sacred alphabet, the numerological gematria, astrology and astronomy, prophetic sense, the science of herbs, healing by laying on of hands, prayer, singing and the healing properties of water.

The final initiation took place through a baptismal practice followed by the *Forty Days in the Desert Practice*, which took place in the cave now known as Cave 4, located in the cliffs below the Qumran plateau. The 'desert' in question expressed a state in which the soul, completely unprotected and naked, steps out into nothingness, allowing itself to float in order to be gripped and held safely in God's hands. This is the total surrender of the soul to the Heavenly Source of all creation. The process involved a fast where the practitioner consumed only water, figs and aloe vera. In the process, the fasting person must face their own conscience and look their shadows in the eye. At the end of the process, the ego, or small self, appears, traditionally called 'satan', 'the adversary' or 'the tempter'.

For those Essenes who had married, different rules applied. These resided in the hospices that Essenes had established in all major cities. In Jerusalem, the Essenes had their own gate at the southern end of the city wall, located at Mount Zion. The movement was led by the Teacher of

Righteousness, who incarnated again and again. Yeshua was the final incarnation in a long line of incarnations in the Order of Melchizedek.

When Yeshua was born in Bethlehem, the Magi, elders residing at the University of Qumran, had read the signs in the heavens, the signs described in the Zend-Avesta, one of the Persian scriptures held in high esteem by the Essenes. It read the following:

"You, my children, shall be the first to be honored to behold the manifestation of the heavenly being who will incarnate in this world: a star shall light the way for you and show you the place where He shall be born. And when you find Him, make your vow to Him, and bring the sacred gifts; for He is indeed your Lord and King forever."

The sacred gifts consisted of frankincense, myrrh and spikenard. Spikenard is the gold mentioned in the New Testament, as spikenard was worth more than gold at the time. This is why Yehuda (Judas) complained when, years later, Mariam Magdalene anointed Yeshua with the same spikenard oil that the Essene magi had brought as a birth gift to the reincarnated Teacher of Righteousness.

Yeshua shocked many of his brothers when he married Mariam the Magdalene in Canaan and then, with her by his side, embarked on the three-year mission described in the New Testament. Yeshua was the teacher of the male disciples, while Mariam was the teacher of the female disciples. Yeshua was not expected to share an insight that until then had been reserved for the initiated, let alone on an equal footing with a woman.

The Gnostic groups that arose in the aftermath of Yeshua's ascension called themselves *Those Who Walk the Way*. It was the Romans who nicknamed them 'Christians'.

After the destruction of the temple in Jerusalem and the University of Qumran by the Romans in 80 AD, the Essenes went underground, but continued to pass on their insights and wisdom to a select few who, due to the Christian Church, also had to work secretly, spreading the original message of Yeshua and Mariam to various hidden groups. This process culminated in the 13th century with the Cathars in Southern France; in various Sufi and Kabbalistic schools in Spain, Syria and Israel.

THE MYSTICAL WRITINGS OF THE GNOSTICS

According to Gnostic spiritual science based on the Melchizedek/Essene tradition, the Heavenly Source created the universe and everything in it with the 22 letters of the Aramaic/Hebrew alphabet. The 22 characters of the alphabet, with their different shapes, sounds and qualities, represent the etheric archetypes. These must be made conscious, understood and anchored in the individual before manifestation in the physical world can take place.

Insight into the Gnostic tradition is contained in the cryptic statements of the *Gospel of Philip* and the *Gospel of Thomas*, which were found in Nag Hammadi, Egypt in 1945, along with a larger collection of so-called Gnostic gospels and tracts. These are written in Coptic, but both the Gospels of Thomas and Phillip are believed to have originally come from Syria, where they were written in Syriac-Aramaic.

Parts of the Gnostic movement were an extension of the Essenes and Therapeutae mystery tradition, and the writers of the Dead Sea Scrolls were also the authors of many of the acts and tracts that circulated after Yeshua's ascension. Some of these were among the scriptures found at Nag Hammadi. Large parts of the New Testament Gospels were also written by the Essenes who followed Yeshua to the end and who realized the unique importance of the message for the further development of mankind.

"Truth did not come into the world naked, but as archetypal images for the world to accept it. Thus, rebirth exists through the archetype of rebirth, and through its image, one must truly be reborn. What image? Resurrection!

An archetypal image must be recreated through the imaging (projection) of image. The bridal chamber and its image must be united to be true. That is resurrection!

It is not enough to recite the name of the Heavenly Father, the Son or the Holy Spirit. The names must be integrated. If they are not integrated, even the heavenly names will be taken away from the one who says them."

(Philippians 59:9-21)

This speaks of the need for the 22 heavenly archetypes to be integrated into us so that their respective qualities can be manifested through our thoughts, words and actions. The archetypes mentioned in the quote, the Bridal Chamber (6), Resurrection (20), Holy Spirit (21) and Truth (22) are all part of the 22 sacred numbers in this book. In the Gospel of Thomas, Yeshua further elaborates on the archetypal images:

"Yeshua said, 'The images are visible to man, but the light in them remains hidden in the Light of the Heavenly Source. It will be manifested, but Its image will remain hidden by Its Light'."

(Gospel of Thomas, logion 83)

"Yeshua said, 'When you see your likeness, you will rejoice. But when you see your true image, which was before you, and which neither dies nor is manifested, how much will you be able to bear?'"

(Gospel of Thomas, logion 84)

Here Yeshua is speaking of the image (enlightened consciousness) in which the Heavenly Source created man, and of which we carry a copy within us. When we do not allow this light to shine freely, but let it remain hidden in the darkness of our personal ignorance, our true image will not be able to manifest. It is the fear of what the responsibility of integrating this light will entail that keeps many from embarking on such a process.

For the Essenes and Therapeuts, the Aramaic alphabet – with all its meanings – was part of a spiritual science, and it can be almost impossible for outsiders to grasp the scope of this science without access to the metaphorical meaning and wisdom hidden in the heavenly archetypes.

"Let your Light shine, that all men may see and bless the creation of the Heavenly Author."

(Matthew 5:16)

YESHUA'S HEALING METHOD

As mentioned, man was created in the image of God. But man has created another image of himself, an image that is contrary to the original one in which he was created. From this arises suffering, alienation, mental and physical illnesses. This is why Yeshua said (Matthew 18:3):

"When you become like children again, then you will enter the Kingdom."

'Becoming as children again' means, as said before, that we must seek the original state of the inner image of God. In that image, man is balanced and he is not seduced by anyone or anything that is not in balance with its higher Self.

When Yeshua says:

"A man or a nation that does not exist in accordance with its superior, divine purpose [higher Self] cannot exist..."

– he is referring to the suffering, separateness and degradation that can lead to physical and mental illness unless one is 'reborn', comes to oneself and recognizes the spiritual potential of man, without which humanity will eventually perish.

As mentioned, the spiritually awakened person does not allow themselves to be seduced by the unbalanced and false, but on the other hand, does not judge it either. He does not need the acceptance, recognition or approval of others, as such a person knows who he is and is therefore able to rest in himself. This is never an anti-social attitude. On the contrary. The spiritually awakened person knows that they have a task here on Earth, which is always rooted in the spiritual potential they are endowed with.

The false image we have created is conditioned by the ego or small self's inflated and megalomaniacal perception of what a human being is; a perception that is often grown out of a sense of inadequacy and inferiority. Megalomania and inferiority are simply two sides of the ego's alienation and separation from the original state that Yeshua spoke of and wanted to bring man back to.

The spiritually awakened man takes responsibility for his potential and his task and will do everything to fulfill it. The soul texts in this book refer to this potential, while the prayers from Psalm 119 (in the Book of Psalms), which conclude each number, are inspiration for the meditative practices that can help the seeker achieve the original state.

Yeshua states:

"When the two become one, then you shall enter the Kingdom."

When the false image we have created of ourselves becomes one with the original state or image of God within us, and is absorbed and transformed by it, then healing occurs.

SPIRIT'S GUIDANCE FOR THE INCARNATED

1. Everything you send out returns at some point in time to you.
2. Never say "I can't do that".
3. Offer your help, where ever help is needed.
4. Never make a fuss about anything.
5. Free yourself of the acceptance, recognition and applause from others.
6. Who are you when you are on your own and without an audience.
7. Let go of all masks and shadows.
8. Know that you are already enlightened.
9. When challenged by deeds, thoughts or emotions, meet them with patience and compassion.
10. Everything you search for in the world is to be found within you.
11. Think of others and all fear disappears.
12. Be both disciplined and creative, always aware and present.
13. Always be grateful for everything you have already received.
14. Practice where ever you go and whatever the conditions.
15. Live this law with your Heart, but never condemn those who don't.

(These rules were provided by Calle de Monts'egur, Alice Muhl, Lars Muhl and Naleea Landmann)